

**AGING AND DISABILITY RESOURCE CENTER OF WAUKESHA COUNTY
SENIOR DINING AND MEALS ON WHEELS MENU DECEMBER 2016**

Monday 12/26	Tuesday 12/27	Wednesday 12/28	Thursday 12/29	Friday 12/30
CHRISTMAS HOLIDAY PROGRAM CLOSED	Italian Meat sauce Spaghetti Noodles Parmesan Cheese Green Beans Italian Bread w/ butter Mandarin Oranges	Lemon Pepper Chicken Mashed Red-Skinned Potatoes Cook's Choice Veg Dinner Roll w/ butter Molasses Cookie Alt. Peaches	Denver Omelet with Cheese Sauce Sausage Patty Hashbrown Casserole Mini Croissant w/butter Fruit Cup	NEW YEAR'S HOLIDAY PROGRAM CLOSED

SENIOR DINING AND MEALS ON WHEELS MENU JANUARY 2017

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
NEW YEAR'S HOLIDAY PROGRAM CLOSED	Swedish Meatballs Buttered Egg Noodles Roasted Root Vegetables Grapes Wheat Bread w/ butter Cook's Choice Cookie Alt. Sugar Free Cookie	Crab Pasta Salad Tomato Onion Salad Dinner Roll w/ butter Peaches Dessert Bar Alt. Fresh Fruit	Chicken Stroganoff Parsley Buttered Noodles Romaine Salad w/ Ranch 7-grain Bread / butter Pears	Baked Potato Stuffed with Taco Meat Lettuce/Tomato Shredded Cheese Sour Cream Southwest Style Corn Dinner Roll / butter Banana
Green Pepper Casserole Broccoli Florets Garlic Bread Stick butter Fresh Orange Lemon Pudding Alt. Sugar Free Pudding	Polish Sausage Pickled Red Cabbage Buttered Potatoes Rye Bread / butter Ketchup & Mustard Oatmeal Raisin Cookie Alt. Raisins	Baked Chicken Quarter Potato Salad Baked Beans Wheat Bread w/Butter Sea foam Gelatin Dessert Alt. Sugar Free Gelatin	Pepper Steak over Steamed Rice Dilled Carrots Bread/butter Pineapple	BBQ Pulled Pork on Whole Wheat Bun Creamy Coleslaw Potato Salad Brownie Alt. Lorna Doone
9	10	11	12	13
Cheeseburger on a Bun Pickles, ketchup, mustard Au gratin Potatoes Broccoli Salad Choc Chip cookie Alt. Sugar free cookie	Turkey à la King Over biscuit Green Beans Peaches Blonde Brownie Alt. Fresh Pear	Meatloaf/Onion Gravy Scalloped Potatoes Stewed Tomatoes w/Green Pepper/Onion Sourdough Bread w/butter Mandarin Oranges	Pork Loin w/Gravy Baked Potato w/Sour Cream and Butter Sweet Sour Cabbage Rye Bread w/ butter Sundae Cup Alt. Fruit Cocktail	INAUGURATION DAY Jumbo Hot Dog on Whole Wheat Bun Ketchup, Mustard, Relish American Potato Salad Calico Baked Beans Chocolate Cream Pie Alt. Apple
16	17	18	19	20
Lasagna Rollup w/Meat sauce & Parmesan Cheese Crinkle Carrots Warm Garlic Dinner Roll w/ butter Fresh Banana Tapioca Pudding Alt. Pineapple	Sweet & Sour Pork Seasoned Brown Rice Maui Vegetable Blend Egg Roll Sweet & Sour Sauce Sliced Peaches	Spaghetti w/ meat sauce Romaine Salad W/ Italian Dressing Warm Breadstick W/ Butter Pineapple Sugar Cookie Alt. Fruit	Chicken Pasta Salad Tomato Onion Salad Blueberry Muffin w/ butter Grapes Orange Sherbet Alt. Fresh Orange	Roast Turkey w/Gravy Stuffing w/ gravy Riviera Veg Blend Carrot Raisin Salad Banana Cake w/Cream Cheese Icing Alt. Banana
23	24	25	26	27
Cranberry Meatballs Roasted Red Potatoes Wax Beans Dinner Roll w/ butter Snickerdoodle Cookie Alt. Fruit Cup	Chicken Marsala Whole Grain Pasta with Garlic Pesto Sauce Winter Vegetable Blend Italian Bread w/ butter Butterscotch Pudding Alt. Pear			
30	31			

SENIOR DINING AND MEALS ON WHEELS MENU FEBRUARY, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Peachy Pork Roast Cheesy Diced Potato Casserole Maui Vegetable Blend Potato Dinner Roll w/ butter Fruited Yogurt	Groundhog Day Sloppy Joe Whole Wheat Bun American Potato Salad Three Bean Salad Rice Krispies Treat Alt. Canned Pears	Italian Sausage w/Marinara Sauce and onions and peppers Sausage Bun Italian Vegetable Blend Italian bread w/ butter Peaches
6	7	8	9	10
Lemon Garlic Chicken Wild Rice Blend Mixed Vegetable Seven Grain Bread w/ butter Cinnamon Apple Slices	Swedish Meatballs Buttered Noodles Creamed Spinach Wheat Bread / butter Pear Half Tapioca Pudding Alt. Diet Pudding	BBQ Boneless Country-Style Pork Potato Pancakes Ketchup packet Southwest-style Corn Potato Roll w/ butter Tropical Fruit Salad	Beef Macaroni Casserole Harvard Beets Cornbread/Butter Fruit Cocktail Chocolate Chip Cookie Alt. Plain Cookie	Vegetarian Lasagna Italian Vegetable Blend Italian Bread w/butter Fruit Crisp Apricots Alt. Banana

PLEASE NOTE: MENU MAY BE SUBJECT TO CHANGE WITHOUT NOTICE; 1% MILK INCLUDED; ALT= LOW SUGAR ALTERNATIVE